

Friday Bridge Primary School
Personal Social and Health Education and Citizenship Policy

We believe that the school curriculum should:

- Promote pupils' self-esteem and emotional well-being and help them to form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, school, work and in the community. It should develop their ability to relate to others and work for the common good.
- Develop their physical skills and encourage them to recognise the importance of pursuing a healthy lifestyle and keeping themselves and others safe.
- Ensure the personal development of pupils - spiritually, morally, socially and culturally. This plays a significant part in their ability to learn and to achieve.

PSHE and Citizenship is therefore seen as a vital part of the curriculum, not just as a subject, but as part of the whole ethos of our school.

Aims and Objectives

Our aim is to provide every pupil with opportunities to develop knowledge, skills and attitudes, to enable them to become effective citizens both in and out of school.

Our objectives for achieving this aim are as follows:

- To develop self-awareness, positive self-esteem and confidence
- To develop a healthy lifestyle
- To be safe
- To make and sustain good relationships
- To be sensitive towards the feelings and opinions of others
- To develop independence and responsibility
- To cope with peer pressure, stand up for their beliefs and say no when necessary
- To meet new challenges with confidence and work to the best of their ability

The above skills will build on the Early Learning Goals, which the pupils should have achieved by the end of their Reception year.

Teaching

The statement of values in the National Curriculum outlines four areas where pupils should be encouraged to value themselves and others. These areas are self, relationships, society and the environment. All of these issues are addressed in the teaching of PSHE and Citizenship.

The National Curriculum seeks to teach PSHE and Citizenship through the three strands of Knowledge, Skills and Attitudes. Through both Key Stages, the areas for study are:

- Developing confidence and responsibility and making the most of their abilities

- Preparing to play an active role as citizens
- Developing a healthy, safe lifestyle
- Developing good relationships and respecting the differences between people

Our PSHE and Citizenship teaching follows the Cambridgeshire Scheme of Work, which reflects the above strands. Social And Emotional Aspects of Learning (SEAL) are taught as a whole school activity at appropriate times during the school year.

PSHE&C is taught as a timetabled subject and teachers use their own methods during lessons. These will include Circle Time, working co-operatively with others in groups or pairs, whole class discussions and use of story and picture books. PSHE and Citizenship is also addressed on a daily basis as questions and incidents arise and all members of the school staff are expected to be involved in these situations.

Sex Education

Sex Education is taught as an integral part of the Science and PSHE curriculum. It is taught in a way that encourages pupils to consider morals and the value of family life.

Prior to commencement of this work, parents are invited to a meeting to inform them exactly how this will be integrated into the Science and PSHE curriculum. Parents have a right to withdraw their child from all or part of sex education, but not from the biological aspects of human growth and reproduction necessary under National Curriculum science. Should parents wish to exercise this right they should contact the Headteacher.

Cross-curricular Links

The PSHE and Citizenship Policy should be read in conjunction with other policies to which it is closely related.

- These are:
1. Behaviour.
 2. Substance Use and Misuse.
 3. Religious Education
 4. Health & Safety
 5. Child Protection
 6. Attendance.

See also the School Statement on Ethos and Values.

Home/School Links

Parents are kept informed of school activities through regular newsletters and autumn term class meetings. Letters detailing curriculum content are sent out to parents during the first week of each new term. Parents are encouraged to come into school whenever they are experiencing any problems with their children's behaviour or if they have any other concerns.

Visitors

From time to time visitors will be invited to the school for relevant areas of PSHE and Citizenship, for example the School Nurse for Healthy Lifestyle topics.

Resources

Resources for teaching PSHE and Citizenship are stored in a central position and continually under review.

Inset

The PSHE and Citizenship co-ordinator attends meetings led by the PSHE Advisory service to keep updated on current initiatives, such as SEAL.

Autumn 2020

This policy should be reviewed in autumn 2021.